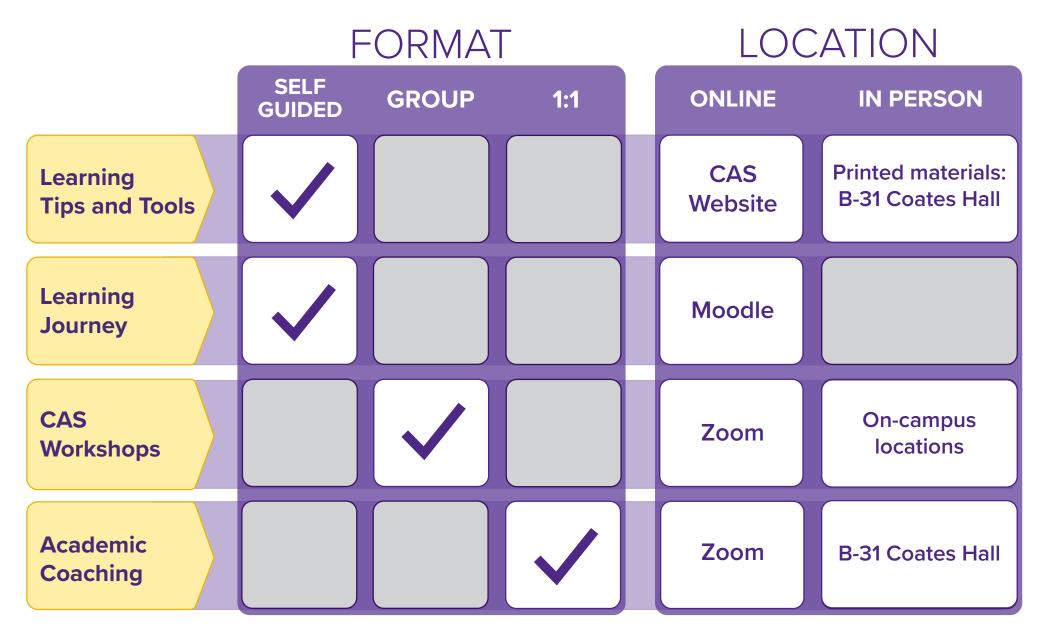
## **Optimize Learning Strategies**







## **Content Support**

Supplemental Instruction

Weekly **study sessions** offered for students enrolled in historically challenging courses.

SI Office Hours Meet with the SI leader to get individualized attention, receive further clarification on topics, go over concepts and ask specific questions.

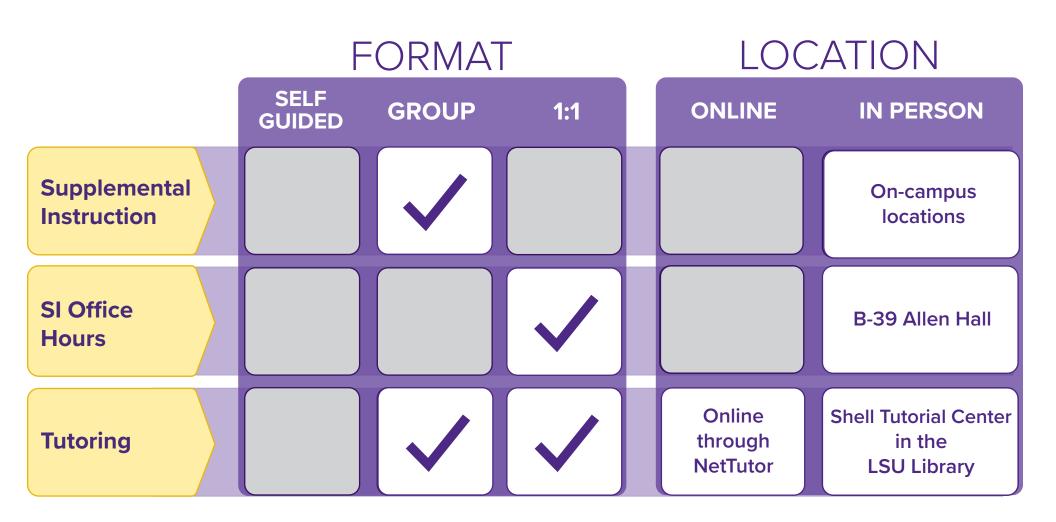
Shell Tutoring

Trained peer tutors offer assistance with homework concepts, test preparation and study strategies in many subject areas.





## **Content Support**







## **Optimize Learning Strategies**

**Learning Tips and Tools** 

Explore proven stategies for taking charge of learning, managing time, acing tests and reducing stress to become a better learner.

Learning Journey

An online, self-guided exploration of CAS resources accessed in Moodle. Students can watch videos on **new learning techniques**, hear about ways to **increase GPA** and take quizzes to better **manage time** and **prepare for tests**.

CAS Workshops Workshops that address common challenges students face, including time management, goal setting, efficient learning strategies to improve grades, test preparation and academic stress management.

Academic Coaching

**Personalized assistance** to help students address common college learning challenges. An Academic Coach meets with students **one-on-one** to tailor strategies that can help them **earn their best grades**.



