

**Ryan M. Hulteen, PhD**  
School of Kinesiology  
Louisiana State University  
Pleasant Hall, Room 2229  
rhulteen@lsu.edu

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## **Education**

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- Doctor of Philosophy: Education **March 2014 – March 2018**  
University of Newcastle, Australia  
Cognate: Motor Development  
Advisor: Professor David Lubans
- Bachelor of Science: Kinesiology **August 2010 – December 2013**  
Michigan State University, USA  
Cognate: Growth and Motor Development  
Advisors: Professors Dan Gould and Karin Pfeiffer

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## **Academic Appointments**

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- Assistant Professor (Tenure-Track) **August 2020 – Present**  
Louisiana State University  
College of Human Sciences & Education  
School of Kinesiology  
Track: Psychological Sciences and Pedagogy
- Postdoctoral Research Fellow **October 2018 – July 2020**  
The University of British Columbia  
School of Kinesiology  
Supervisor: Professor Mark Beauchamp  
Research Focus: Psychology of Behavior Change
- Postdoctoral Research Associate **April 2017 – October 2018**  
Australian Catholic University  
Faculty of Health Sciences  
Supervisor: Professor Chris Lonsdale  
Research Focus: School-Based Interventions
- Casual Research Assistant **July 2014 – September 2014**  
Deakin University  
School of Health and Social Development
- Casual Academic/Research Assistant **March 2014 – March 2017**  
University of Newcastle  
School of Education, School of Medicine and Public Health

# Scholarship

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## Research Agenda

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My research agenda takes a developmental perspective to better understand motor skill acquisition, motor skill assessment and physical activity participation. Specifically, my research aims to understand what are the most salient motor skills needed to be active across the lifespan, how to best assess these skills at different ages and how the association between motor competence and various health-related constructs change across the lifespan. This information helps to inform the development and implementation of evidence-based strategies which promote physical activity and skill development. Thus, the long-term goal of my work is to create feasible, translatable programs and environments which cultivate physical health and motor skill development.

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## Publications

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### *Peer-Review Journal Articles*

1. Barnett, L.M., Webster, E.K., **Hulteen, R.M.**, De Meester, A., Lenoir, M., Pesce, C., Valentini, N., Getchell, N., Lopes, V.P., Robinson L., Brian, A., and Rodrigues, L.P. Through the Looking Glass: A Systematic Review of Longitudinal Evidence, Providing New Insight for Motor Competence and Health. (in press). *Sports Medicine*
2. Beauchamp, M.R., **Hulteen, R.M.**, Ruissen, G.R., Liu, Y., Rhodes, R.E., Wierds, C.M., Waldhauser, K.M., Harden, S.M., and Puterman, E. Online-Delivered Group and Personal Exercise Programs to Support Low Active Older Adults' Mental Health During the COVID-19 Pandemic: Randomized Controlled Trial. (2021). *Journal of Medical Internet Research*, 23(7), 1-14. doi: 10.2196/30709.
3. **Hulteen, R.M.**, Barnett, L.M. True, L., Lander, N., Cruz, B.P. and Lonsdale, C. (2020). Validity and Reliability Evidence for Motor Competence Assessments in Children and Adolescents: A Systematic Review. *Journal of Sports Sciences*, 38(15), 1717-1798, doi: 10.1080/02640414.2020.1756674
4. Antczak, D., Lonsdale, C., Lee, J., Hilland, T., Duncan, M.J., del Pozo Cruz, B., **Hulteen, R.M.**, Parker, P. and Sanders, T. (2020). Physical Activity and Sleep are Weakly Related in Children: A Systematic Review and Meta-Analysis. *Sleep Medicine Reviews*, 51, doi: [10.1016/j.smrv.2020.101278](https://doi.org/10.1016/j.smrv.2020.101278)
5. **Hulteen, R.M.**, True, L., and Pfeiffer, K. (2020). Differences in Associations of Product- and Process-Oriented Motor Competence Assessments with Physical Activity in Children. *Journal of Sports Sciences*, 38(4), 375-382. doi:[10.1080/02640414.2019.1702279](https://doi.org/10.1080/02640414.2019.1702279)
6. **Hulteen, R.M.**, Waldhauser, K.J. and Beauchamp, M.R. (2019). Promoting Health-Enhancing Physical Activity: A State-of-the-Art Review of Peer-Delivered

- Interventions. *Current Obesity Reports*, 8, 341-353. [doi: 10.1007/s13679-019-00366-w](https://doi.org/10.1007/s13679-019-00366-w) (invited)
7. **Hulteen, R.M.**, Morgan, P.J., Barnett, L.M., Robinson, L.E. Barton, C., Wrotniak, B., and Lubans, D.R. (2018). Initial Predictive Validity of the Lifelong Physical Activity Skills Battery. *Journal of Motor Learning and Development*, 6(2), 301-314. [doi: 10.1123/jmld.2017-0036](https://doi.org/10.1123/jmld.2017-0036)
  8. Ferkel, R.C., Allen, H.R., True, L. and **Hulteen, R.M.** (2018). Split-Week Programming for Secondary Physical Education: Inducing Behavioral Change for Lifetime Fitness. *Journal of Physical Education, Recreation and Dance*, 89(8), 11-22. [doi: 10.1080/07303084.2018.1503118](https://doi.org/10.1080/07303084.2018.1503118)
  9. **Hulteen, R.M.**, Morgan, P.J., Barnett, L.M., Stodden, D.F. and Lubans, D.R. Development of Foundational Motor Skills: A Conceptual Model for Physical Activity Across the Lifespan. (2018). *Sports Medicine*, 48(7), 1533-1540. [doi: 10.1007/s4029-018-0892-6](https://doi.org/10.1007/s4029-018-0892-6)
  10. **Hulteen, R.M.**, Morgan, P.J., Barnett, L.M., Barton, C., Wrotniak, B., Robinson, L.E. and Lubans, D.R. (2018). Development, Content Validity and Test-Retest Reliability of the Lifelong Physical Activity Skills Battery in Adolescents. *Journal of Sports Sciences*, 36(20), 2358-2367. [doi: 10.1080/02640414.2018.1458392](https://doi.org/10.1080/02640414.2018.1458392)
  11. Cohen, K.E., Morgan, P.J., Plotnikoff, R.C., **Hulteen, R.M.** and Lubans, D.R. Psychological, social and physical environmental mediators of the SCORES intervention on physical activity among children living in low-income communities. (2017). *Psychology of Sport & Exercise*, 32, 1-11. [doi: 10.1016/j.psychsport.2017.05.001](https://doi.org/10.1016/j.psychsport.2017.05.001)
  12. Nathan, N., Cohen, K., Beauchamp, M. W.L., **Hulteen, R.M.**, Babic, M. and Lubans, D.R. Feasibility and Efficacy of the Greater Leaders Active StudentS (GLASS) Program on Improving Children’s Fundamental Movement Skills: A Pilot Study. (2017). *Journal of Science and Medicine in Sport*, 20(12), 1081-1086. [doi: 10.1016/j.jsams.2017.04.016](https://doi.org/10.1016/j.jsams.2017.04.016)
  13. **Hulteen, R. M.**, Smith, J.J., Morgan, P.J., Barnett, L.M, Hallal, P.C., Colyvas, K. and Lubans, D.R. (2017). Global Sport and Leisure-Time Physical Activities Participation: A Systematic Review and Meta-Analysis. *Preventive Medicine*, 95, 14-25. [doi: 10.1016/j.ypmed.2016.11.027](https://doi.org/10.1016/j.ypmed.2016.11.027)
  14. Johnson, T.M., Ridgers, N.D. **Hulteen, R.M.**, Mellecker, R.R. and Barnett, L.M. (2016). Does Playing a Sports Active Video Game Improve Young Children’s Ball Skill Competence? *Journal of Science and Medicine in Sport*, 19(5), 432-436. [doi: 10.1016/j.jsams.2015.05.002](https://doi.org/10.1016/j.jsams.2015.05.002)
  15. **Hulteen, R.M.**, Lander, N.J., Morgan, P.J., Barnett, L.M., Robertson, S.J. and Lubans, D.R. (2015). Validity and Reliability of Field-Based Measures for Assessing Movement

Skill Competency in Lifelong Physical Activities: A Systematic Review. *Sports Medicine*, 45(10), 1443-54. doi: [10.1007/s40279-015-0357-0](https://doi.org/10.1007/s40279-015-0357-0)

16. **Hulteen, R.M.**, Johnson, T.M., Ridgers, N.D., Mellecker, R.R. and Barnett, L.M. (2015). Children's Movement Skills When Playing Active Video Games. *Perceptual and Motor Skills*, 121(3), 1-24. doi: [10.2466/25.10.PMS.121c24x5](https://doi.org/10.2466/25.10.PMS.121c24x5)

### *Book Chapters*

1. Barnett, L.M., Stodden, D.F., **Hulteen, R.M.** and Sacko, R. (2020). Motor Proficiency Assessment. In T. Brusseau, S. Fairclough & D. Lubans (Eds.), *The Routledge Handbook of Youth Physical Activity*.

### *Reports and Commentaries*

1. Evans, J., Gomersall S., Hardy, L., **Hulteen R.M.**, Lonsdale, C., Lubans, D.R., Morgan, P., Olds, T., Ridgers, N., Sanders, T., Schranz, N., Straker, L., Stylianou, M., Tomkinson, G., Vella, S., Ziviani, J. and the Active Healthy Kids Australia Working Group. (2017). Teaching Sport to Children Discussion Paper. Canberra, Australian Capital Territory: Australian Sports Commission  
(Authorship by alphabetical order)
2. Barnett L.M. and **Hulteen, R.M.** (2018). *Movement Skills Beyond the Grade: Active Healthy Kids Australia 2018 Report Card on Physical Activity for Children and Young People*. Adelaide, South Australia: Active Healthy Kids Australia.  
<http://dx.doi.org/10.25954/5b862301479a1>

### *Under Review*

1. Noetel, M., Parker, P., Dicke, T., Beauchamp, M.R., Ntoumanis, N., **Hulteen, R.M.**, Diezmann, C., Yeung, A., Ryan, R., Maeder, A., Ahmadi, A., Vasconcellos, D., Mahoney, J., Datta, P., Doidge, S., and Lonsdale, C. Physical Education Teacher Behaviors that Predict Changes in Student Engagement During the Transition to Secondary School: A Cross-Theoretical Approach. *Educational Psychology Review*.

### *In Preparation*

1. **Hulteen, R.M.**, Lubans, D.R., Rhodes, R.E., Faulkner, G., Liu, Y., Naylor, P-J, Nathan, N.K., Waldhauser, K.J., McGinley, S., and Beauchamp, M.R. Peer Leadership for Physical Literacy: A Cluster Randomized Controlled Trial.
2. **Hulteen, R.M.**, De Meester, A., Sacko, R., Pesce, C. and Stodden, D.F. Reinvest to Assess: Enhancing Motor Skill Assessments Across the Lifespan.
3. **Hulteen, R.M.**, Sacko, R., De Meester, A., Pennell, A., Irwin, M. Terlizzi, B. and Stodden, D.F. Validation of a Combination Throwing and Catching Assessment.

4. **Hulteen, R.M.**, De Meester, A., Barcelona, J., Barnett, L.M., and Stodden, D.F. Validity and Reliability Evidence for the Pictorial Scale of Perceived Motor Competence in U.S. Children.
5. Sanders, T., Noetel, M., Parker, P., del Pozo Cruz, B., Biddle, S., Ronto, R., **Hulteen, R.M.**, Parker, R., Thomas, G., De Cocker, K., Salmon, J., Hesketh, K., Weeks, N., Arnott, H., Devine, E., Vasconcellos, R., and Lonsdale, C. Benefits and Risks Associated with Children's and Youths' Interactions with Electronic Screens: An Umbrella Review.

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## Grants

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### *Under Review*

PI: Hulteen, R.M.

Agency: Google

Funding Mechanism: Research Scholar Program

Title: Reducing Bias in Human Movement Research

Amount Requested: \$60,000 USD

Direct Costs to LSU: \$60,000

Current Status: under review (anticipated decision: April 2022)

Co-PIs: Hulteen, R.M. and Palmer, K.

Agency: NIH-NIA

Funding Mechanism: R03

Title: Supporting Older Adult Physical Activity and Health Through Movement

Amount Requested: \$100,000 USD

Current Status: Scored 20<sup>th</sup> Percentile; Impact Score: 36 (Resubmitted Nov. 2021)

Co-PIs: Nesbitt, D. and Hulteen, R.M.

Agency: NIH-NIA

Funding Mechanism: R21

Title: Motor Skill Competence, Physical Activity, and Fitness in Perimenopausal Women

Amount Requested: \$275,000 USD

Current Status: Resubmission planned for February 2022

### *Funded*

PI: **Hulteen, R.M.**

Supervisors: Beauchamp, M.R. and McKay, H.

Agency: Michael Smith Foundation for Health Research

Funding Mechanism: Traineeship

Title: Understanding the Role of Movement Skills in Promoting Health-Enhancing Physical Activity Across the Lifespan

Amount: CAD \$83,000

*\*Award closed early to accept tenure-track position at Louisiana State University*

PI: Beauchamp, M.R.

**Co-I: Hulteen, R.M.**

Agency: Social Sciences and Humanities Research in Education Equipment Fund

Funding Mechanism: Equipment Grant

Title: Peer Leadership for Physical Literacy Project Equipment

Amount: CAD \$14,980

Year Funded: 2018

**PI: Hulteen, R.M.**

Agency: Australian Catholic University

Funding Mechanism: Project Grant

Title: Deputy Vice Chancellor of Research Internal Research Fund

Amount: AUD \$500

Year Funded: 2017

**PI: Hulteen, R.M.**

Agency: University of Newcastle, School of Education

Funding Mechanism: Travel Grant

Title: School of Education Research Higher Degree Conference Travel Grant

Amount: AUD \$1,750

Year Funded: 2017

*Not Funded*

PI: Chen, S.

Role: Co-I

Agency: NIH-NICHD

Funding Mechanism: R01

Title: COVID-19 Disruptions Impact on Children's Mental Health and Health Behaviors  
Across Louisiana Communities

Amount Requested: \$2,805,192

Current Status: Not Discussed

PI: Lander, N.

Role: Co-PI

Agency: Spencer Foundation

Funding Mechanism: Research Grants on Education: Large

Title: Translation of Transform-Ed! at Scale: Educating Our Teachers, Activating Our  
Children

Amount Requested: \$375,000 USD

Direct Costs to LSU: \$69,351

Current Status: Not funded (scored in top 50%)

**PI: Hulteen, R.M.**

Supervisor: Beauchamp, M.R.

Agency: Social Sciences and Humanities Research Council

Funding Mechanism: Banting Postdoctoral Fellowship

Title: ‘Catching Up’ to the Boys: Feasibility, Acceptability, and Initial Efficacy of a Parent-Daughter Motor Skill Intervention for Young Girls

Amount: CAD \$170,000 (salary, research and travel support)

\*Selected from 87 applications as one of the UBC applicants for national competition.

\*\*National ranking 144/162 applicants

### *Funded Projects Worked On*

PI: Beauchamp, M.R.

Project Coordinator: **Hulteen, R.M.**

Agency: Canadian Institute for Health Research

Funding Mechanism: Project Grant

Title: The Seniors COvid-19 Pandemic and Exercise (SCOPE) Trial

Total Project Amount: CAD \$150,000

Year Funded: 2020-2021

PI: Beauchamp, M.R.

Postdoctoral Research Fellow: **Hulteen, R.M.**

Agency: Social Sciences and Humanities Research Council

Funding Mechanism: Project Grant

Title: Peer Leadership and Physical Literacy Promotion Among Elementary School Children

Total Project Amount: CAD \$253,219

Postdoctoral salary funding: CAD \$100,000

Year Funded: 2018-2021

PI: Lonsdale, C.

Research Associate: **Hulteen, R.M.**

Agency: Australian Research Council

Funding Mechanism: Project Grant

Title: Engaging students during the early years of secondary school

Total Project Amount: AUD \$590,000

Research associate salary funding: AUD \$164,000

Year Funded: 2016-2020

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### **Research Presentations at Professional Meetings**

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#### *Oral Presentations*

1. Chen, S., Stroope, J., Holston, D., **Hulteen, R.** Wang, F., Guo, B., Hu, G., and Staiano, A.E. (2022). Disruptive Impact of the COVID-19 Pandemic on Children’s Mental Health and Health Behaviors: Insights from Cooperative Extension Agents. SHAPE America. New Orleans, Louisiana 2022. Under Review.
2. **Hulteen, R.M.**, De Meester, A., Sacko, R., and Stodden D.F. Towards a Lifespan Approach for the Assessment of Motor Competence. North American Society for the

Psychology of Sport and Physical Activity. Vancouver, Canada June 2020. Presented virtually online: <https://www.youtube.com/watch?v=CRYav05jBKo&t=4s>

3. **Hulteen, R.M.**, Waldhauser, K.J. and Beauchamp, M.R. Peer-delivered physical activity interventions: an underutilized but promising intervention modality for enhancing health. British Columbia Sport, Health, & Exercise Psychology Symposium. Vancouver, Canada May 2019.
4. **Hulteen, R.M.**, Barnett, L.M., Morgan, P.J., Robinson, L.E., Barton, C.J., Wrotniak, B.H. and Lubans, D.R. Sex differences in actual and perceived lifelong physical activity skill competence. International Consortium of Motor Development Research. Melgaco, Portugal November 2017.
5. **Hulteen, R.M.**, Barnett, L.M., Morgan, P.J., Robinson, L.E., Wrotniak, B.H. and Lubans, D.R. Does Competency in Lifelong Physical Activity Skills Predict Physical Activity and Health-Related Fitness in Australian Adolescents? North American Society for Psychology of Sport and Physical Activity. San Diego, USA June 2017.
6. **Hulteen, R.M.**, Morgan, P.J., Barnett, L.M., Stodden, D.F. and Lubans, D.R. Are Movement Skills Fundamental or Foundational? Conceptualizing Movement Skill Development for Participation in Physical Activity. North American Society for Psychology of Sport and Physical Activity. San Diego, USA June 2017.
7. **Hulteen, R.M.**, Morgan, P.J., Barnett, L.M., Stodden, D.F. and Lubans D.R. The role of movement skill competency in the pursuit of physical literacy: Are fundamental movement skills the only pathway? Sports Medicine Australia. Melbourne, Australia October 2016.
8. **Hulteen, R.M.**, Ridgers N., Johnson T., Salmon J. and Barnett L. Exergames May Have Potential for Movement Skill Acquisition in Young Children. International Society of Behavioral Nutrition and Physical Activity. Edinburgh, Scotland June 2015.
9. **Hulteen, R.M.**, Cowburn, I., Eisenmann, J. and Gould, D. The Epidemiology of Youth Sports: A Survey of the Training Habits of Young Athletes. Michigan State University Undergraduate Research and Arts Forum. East Lansing, Michigan April 2013.

#### *Poster Presentations*

1. **Hulteen, R.M.**, True, L., Lander, N., Barnett, L., del Pozo Cruz, B. and Lonsdale, C. Validity and reliability of gross motor skill assessments in typically developing children and adolescents. North American Society for Psychology of Sport and Physical Activity. Denver, USA June 2018.
2. **Hulteen, R.M.**, Barnett, L.M., Morgan, P.J., Robinson, L.E., Barton, C.J., Wrotniak, B.H. and Lubans, D.R. Associations between adolescent perceived motor competence and actual motor competence. SELF, Melbourne, Australia September 2017.

3. **Hulteen, R.M.**, Smith, J.J., Morgan, P.J., Barnett, L.M., Hallal, P.C., Colyvas, K. and Lubans, D.R. Global participation in sport and leisure-time physical activities: A systematic review and meta-analysis. Sports Medicine Australia Melbourne, Australia October 2016.
4. **Hulteen, R.M.**, Smith, J.J., Morgan, P.J., Barnett, L.M., Hallal, P.C. and Lubans, D.R. Global participation in specific leisure-time physical activities: a systematic review and meta-analysis. American College of Sports Medicine. Boston, USA June 2016.
5. **Hulteen, R.M.**, Lander, N.J., Morgan, P.J., Barnett, L.M., Robertson, S.J. and Lubans, D.R. Systematic Review of the Validity and Reliability of Field-Based Measures for Assessing Movement Skill Competency in Lifelong Physical Activities. International Society Behavioral Nutrition and Physical Activity. Edinburgh, Scotland June 2015.

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### **Research Presentations at Non-Professional Meetings**

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1. **Hulteen, R.M.** LTADchat Shorts\_ Foundational Movement Skills with Dr Ryan Hulteen. Youtube, January 16, 2021: <https://www.youtube.com/watch?v=U-KAAmK9XAA>

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### **Awards and Honors**

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#### *Louisiana State University*

2021 Outstanding Dedication to the Students of LSU, Sigma Phi Epsilon, **April 2021**

2020 Outstanding Reviewer Award, Journal of Sport and Health Science **October 2020**

#### *University of Newcastle*

Higher Degree Research Achievement Award                      **November 2016**  
\*AUD \$500 research funds

Higher Degree Research Publication Prize                      **July 2016**  
\*AUD \$500 research funds

Australian Research Training Program Scholarship              **March 2014 – September 2017**  
\*Previously Australian Postgraduate Award (AUD \$75,000) and International Postgraduate Research Scholarship (tuition and fee waver)

#### *Michigan State University*

Department of Kinesiology Outstanding Senior Award      **April 2013**

Graduation with High Honors (top 6% of graduates)      **December 2013**

Michigan State University Dean's List                              **August 2010 – December 2013**

## Teaching

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### Course Instruction

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*\*Instructor of record*

*\*\*Course assistant*

#### *Louisiana State University (2020-present)*

HNRS 4000 Honors Thesis\* (Fall 2021; Michael Crick)

KIN 7601 Changing Health Behavior\* (Fall 2021)

KIN 3502 Tests and Measurements in Kinesiology\* (Fall 2020, Spring 2021, Summer 2021, Fall 2021)

#### *University of Newcastle (2014-2017)*

PUBH 1020 Foundations of Early Childhood Health and Well-Being\*

EDUC 2747 K-6 Personal Development, Health and Physical Education\*

EDUC 1016 Physical Education Studies 2: Court and Striking Games\*

#### *Michigan State University (2012-2013)*

KIN 217 Applied Human Anatomy\*\*

KIN 360 Growth and Motor Development\*\*

KIN 216 Applied Human Anatomy\*\*

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### Invited Lectures

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**Hulteen, R.M.** The Lifelong Physical Activity Model: Current Evidence and Future Directions. Guest Lecture for “Contexts, environments, and lifestyles for well-being and health”, University of Enna “Kore”, Italy, April 20<sup>th</sup>, 2021.

**Hulteen, R.M.** Active for Life: The Role of Movement Skills Across the Lifespan. Centre for Hip Health and Mobility. Vancouver, Canada, October 2019

**Hulteen, R.M.** Motor Skill Assessment and Administration in Pediatric Populations. University of British Columbia, Vancouver Summer Program, Sport and Exercise Psychology Course, Vancouver, Canada, July, 2019.

**Hulteen, R.M.** Motor Development in Adolescents: Theory, Assessment and Future Directions. Australian Catholic University, Brown Bag Seminar, Sydney, Australia, June 2017.

**Hulteen, R.M.** To PhD and Beyond: The Journey and Lessons Learned. University of Michigan, KIN 600 Graduate Seminar. Ann Arbor, United States January 2017.

## Service

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### Supervision

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#### *Louisiana State University*

Edward Silber, Master's Degree (Committee Member), August 2021-Present

Elizabeth Bankhead, Master's Degree (Primary Supervisor), August 2021-Present

Michael Crick, Undergraduate Honor's Thesis (Primary Supervisor), August 2021-Present

Makayla Barber, Undergraduate Honors Thesis (Committee Member), June 2021-Present

#### *External Supervision*

Michele Barca, PhD, University of Enna "Kore", Italy, May 2021-Present

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### University, College and Departmental

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#### *Louisiana State University*

Search Committee Member, Motor Behavior Assistant/Associate Professor, Fall 2021

Affiliate Research Member, Early Childhood Education Institute, October 2021-Present

University Hearing Panelist, Office of Student Advocacy and Accountability, June 2021- Present

Dean's Representative, Manship School of Mass Communication, General Examination, May 6, 2021

- Dean's Representative for Anthony Ciaramella's Comprehensive Exam (PhD level)

LSU Discovery Day Poster Session Judge, April 16, 2021

- Evaluated poster presentations for undergraduate research broadly focused in the sciences

Kinesiology Representative, Destination LSU, March 20, 2021

- Represented LSU Kinesiology at event with 1,600 students/parents who were still deciding on their undergraduate degree major

Presenter, Eye of the Tiger, "The Devil Wears a Pedometer: Making Physical Activity Data Fashionable", February 2021

- Gave a mock-lecture to admitted LSU students and their parents (n = 75), who are currently undecided for their college major

Presenter, Kickoff LSU, "Kinesiology: The Major You Should Choose", January 2021

- Presented at two sessions to prospective LSU students and their parents about the School of Kinesiology

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## **Community and Media Engagement**

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### *Community Workshops*

Peer Leaders for Physical Literacy Workshop, January 2019

- Co-led 2 5-hour workshops for 6<sup>th</sup> and 7<sup>th</sup> Grade teachers on the importance of leadership in a school setting for promoting physical activity and movement skills

GLASS Student Leadership Workshop, Holy Family Primary School, April 2016

- Led four-hour leadership workshop for 6<sup>th</sup> Graders to lead school physical activity sessions with younger students in Grades 1-5

East Lansing Captain's Leadership Training, East Lansing High School, Spring 2011

- Co-led half day leadership workshops with student athletes

### *Media Coverage*

Featured in news.com.au article "Should school ditch team sports?", May 2017

Featured in the Daily Telegraph article "Children's Fitness: Steve 'Commando' Willis Lists How Parents Can Motivate Their Children", December 2017

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## **Service to the Profession**

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### *Organizational*

Abstract Reviewer, SHAPE America, 2021

Panel Member, Moving Through the Ranks of Academia as an Early Career Researcher, University of British Columbia PSYPAC, April 6, 2021, Virtual Event

Panel Member, The Postdoc Experience, North American Society for the Psychology of Sport and Physical Activity, February 24, 2021, Virtual Event

Organizing Committee, National Assembly of the International Motor Development Research Consortium, October 11-13, 2020, Virtual Conference

NASPSPA 2021 Motor Development Committee, August 2020-present

Elected "Website Media Coordinator" for the International Motor Development Research Consortium, March 2020-present

### *Ad-Hoc Journal Reviewer*

Children, 2020

Journal for Physical Activity and Health, 2015

Journal of Motor Learning and Development, 2016-2018, 2020

Journal of Science and Medicine in Sport, 2016-2017, 2019, 2021

Journal of Sports Sciences, 2017-2021

Journal of Teaching in Physical Education, 2021

Measurement in Physical Education and Exercise Science, 2017, 2020

Medicine and Science in Sports and Exercise, 2017, 2021

Pediatric Exercise Science, 2016

Physical Education and Sport Pedagogy, 2020

PloS One, 2019

Research Quarterly for Exercise and Science, 2019, 2021

Scandinavian Journal of Science and Medicine in Sports, 2020-2021

Sports Medicine, 2017, 2019-2021

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### **Professional Affiliations**

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International Consortium of Motor Development Research 2017-present

North American Society for the Psychology of Sport and Physical Activity- February 2016-present

American College of Sports Medicine- November 2015-2017

International Society of Behavioral Nutrition and Physical Activity- March 2015-2016

Sports Medicine Australia- August 2014-2016