

# Business Manager's Meeting

A large, expressive yellow brushstroke graphic sweeps across the lower half of the slide, starting from the left and moving towards the right. Overlaid on this brushstroke is a white, hand-drawn scribble consisting of several overlapping loops and lines, resembling a stylized signature or abstract shape.

November 14, 2023

**LSU**

# Open Enrollment Reminders

A large, expressive yellow brushstroke graphic that sweeps across the bottom half of the slide from left to right. It has a textured, painterly appearance with visible bristles and varying shades of yellow.

**LSU**



# Annual Enrollment Timeline

Annual  
Enrollment  
Begins

October 1, 2023

Annual  
Enrollment  
Ends

November 15, 2023 – 4pm

Effective  
Date of  
Changes

January 1, 2024



## What is an Employee Assistance Program?







# Employee Assistance Program (EAP)



Why offer  
an EAP  
program to  
LSU  
Employees?



## *Reason's to utilize EAP services*

- **Emotional** – stress, grief, depression, anger management, feeling suicidal
- **Relationship** – marital/significant other, family, parent/child
- **Self improvement** –self esteem/ personal development, goal setting
- **Personal** – health/wellness, grief and loss, work/life balance, trauma/post-traumatic stress
- **Addiction** – alcohol, drug, gambling, nicotine
- **Workplace** – career, job issues, conflict
- **Legal/financial** – budgeting, tax questions, ID theft

# LSU EAP Benefits

## National network of counselors

- Meet face-to-face or via tele video
- Access in-the-moment phone support and urgent counseling over the phone any time you need it
- Receive up to **6 free counseling sessions per issue per person per year**







# Legal Services

**Free 30 minutes consultation per issue per year**

Covered issues include:

- Domestic/family
- Civil and criminal
- Landlord/tenant and real estate
- Estate planning and probate
- Immigration and social security
- Motor vehicle

Free initial consultation with an attorney by phone or in person. Additional consultation is provided at a reduced rate.



# Financial Services

**Free 30 minutes phone consultation with a financial specialist for each issue.**

Some examples of covered issues include:

- Budgeting
- Debt
- College Funding
- Buying vs. Leasing
- Tax Questions
- IRS matters

Free initial consultation. Additional consultation is provided at a reduced rate.



# Daily Life Assistance

**Referral Services to help you juggle your everyday needs and free you up to focus on what is most meaningful to you.**

Resource and referral service by phone for a variety of needs including:

- Child or elder care
- Education assistance
- Pet Care
- Household services and more

# Who is Eligible for EAP?

All LSU benefit-eligible employees and anyone in their household

*\*\*Regardless of age, relation, or health insurance*





## How do I access services?

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EAP can be accessed 24/7/365

Phone: 833-657-2286

Online:

[www.resourcesforliving.com](http://www.resourcesforliving.com)

Username: LSU

Password: EAP





# EAP Training

## Aetna Resources for Living Employee Assistance Program Training

November 29, 2023, at 2 PM  
*Virtual Session Only*

Register through LSU Training & Development  
Website





# Employee Resources



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# Benefit Advocate Center

BAC specialize in understanding the technical nature of benefits and how to work with LSU benefit vendor & partners, so you don't have to.

**Benefit Advocate Center**

**Call: 866-607-5325**

**Email Anytime: [bac.lsu@ajg.com](mailto:bac.lsu@ajg.com)**

**Hours of Operation:**

**Weekdays**

**7 a.m. to 6 p.m. Central time**



# Benefit Resources

## HRM Benefits Website:

- Videos
- Resources
- Summary Plan Documents
- Contact Information

LSU.edu myLSU Employee Hub Directories Give Visit Apply Employment Contact Us Search lsu.edu Go!

LSU Office of Finance & Administration

## LSU Human Resource Management

About HRM - Prospective Employees - Employee Resources - Department Resources - Workday Resources - A-Z Search

### Benefits

The Benefits and Retirement section of Human Resource Management (HRM) is committed to providing high-quality, comprehensive benefits and retirement programs designed to meet the needs of our dedicated and diverse employees and retirees. LSU is dedicated to keeping you and your family healthy—physically, emotionally and financially. This includes insurance and retirement programs offered through the State of Louisiana, as well as other Louisiana State University specific offerings, such as the LSU First Health Plan, supplemental retirement options and voluntary benefit offerings that have been designed and selected with you in mind.

#### ANNUAL ENROLLMENT

Health Insurance	Dental & Vision
LSU FIRST	DENTAL INSURANCE
LSU FIRST MEDICARE RETIREE PLAN	VISION INSURANCE
MAGNOLIA OPEN ACCESS	PET INSURANCE
MAGNOLIA LOCAL PLUS	
MAGNOLIA LOCAL	
PELICAN HRA 1000	
PELICAN HSA 775	
VANTAGE HOME HMO	

**CONTACT US**  
8:00 a.m. - 4:30 p.m.  
Monday - Friday  
110 Thomas Boyd Hall  
BENEFITS@LSU.EDU  
225-578-8200  
HR DIRECTORY

**JOB AIDS & RESOURCES**

- BENEFITS JOB AIDS
- 2023 NEW HIRE BENEFITS GUIDE
- INSURANCE ELIGIBILITY
- LIST OF QUALIFYING LIFE EVENTS (QLES)



# Benefit Guide & New Hire Guide



## **2024 Benefits Guide**

For Employees of Louisiana State University System

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## LSU Branded Benefit Guides

- Open Enrollment
- 2024 New Hire Coming Soon!

Great tool for recruitment of prospective employees